

Rare Mother Tinctures

Their Indications and
Scientific & Clinical
Establishments

Adonis vernalis

- One of the prime remedy for hypotension (low blood pressure)
- It is indicated for low vitality, with weak heart, slow and weak pulse.
- Useful in vertigo on rising, turning head quickly or lying down, precordial pain, palpitation, dyspnoea, irregular cardiac action, and marked venous engorgement.

Ammi visnaga

- **Main indications:** Muscle relaxant, pain due to renal stone, *externally used for leucoderma/vitiligo.*
- A double-blind, placebo-controlled study of 60 people indicated that the combination of oral khellin (which is the main constituent of Ammi visnaga) and natural sun exposure caused repigmentation in 76.6% of the treatment group; in comparison, no improvement was seen in the control group receiving sunlight plus placebo (Abdel-Fattah A, Aboul-Enein MN, Wassel GM, et al. An approach to the treatment of vitiligo by khellin. *Dermatologica*. 1982;165:136–140)
- A subsequent placebo-controlled study of 36 people found that a topical khellin gel plus UVA caused epigmentation in 86.1% of the treated cases, as opposed to 66.6% in the placebo group (Orecchia G, Sangalli ME, Gazzaniga A, et al. Topical photochemotherapy of vitiligo with a new khellin formulation: preliminary clinical results. *J Dermatol Treat*. 1998;9:65–69)

Anhalonium lewinii

- Extreme muscular weakness; increased patellar reflex.
- Psychiatric symptoms like compulsive behaviour, dual personality, inferiority complex and autistic symptoms.
- Headache with disturbed vision. Coloured objects are seen; remarkably beautiful and varied kaleidoscopic changes.
- Loss of the conception of time.

Apium graveolens

- Nervous irritation and fidgets.
- Constriction under the sternum with drawing feeling through the back.
- Dysmenorrhoea, with sharp and short pains, *better* flexing legs.

Bacopa monnieri

- Impaired memory and used as a tonic for absent mindedness
- Has significant influence on learning abilities
- It improves mental functions, memory and concentration
- Gives relief to patients from anxiety neurosis
- Research shows it possesses a potent adaptogenic activity

Carduus marianus

- **Main indications:** Jaundice, viral hepatitis, fatty liver, cirrhosis liver.
- A homoeopathic product containing Carduus marianus has exerted specific antioxidative, antiproliferative and biochemical effects on HepG2 cells which all point to a potential hepatoprotective and tumouristatic action. (GEBHARDT R., Antioxidative, antiproliferative and biochemical effects in HepG2 cells of a homeopathic remedy and its constituent plant tinctures tested separately or in combination, *Arzneimittelforschung*. 2003;53(12):823-30.)

Cordyceps militaris (caterpillar fungus)

- It is an energy and stamina booster.
- It increases athletic performance especially in long distance races.
- Mental and physical exhaustion due to over work.
- Sexual debility and nerve weakness.
- Antidotes opium and narcotic withdrawal symptoms.

Chelidonium majus

- **Main indications:** Jaundice, general lethargic, used as detoxifier, improves bile flows.
- The drug was studied for their possible anti-tumor and enzyme modulating activities in liver and anti-clastogenic effects during p-DAB-induced hepatocarcinogenesis in mice compared to suitable controls. It was found that the homeopathic drug Chelidonium exhibited anti-tumor and anti-genotoxic activities and also favorably modulated activities of some marker enzymes. (Surjyo Jyoti Biswas and Anisur Rahman Khuda-Bukhsh, Effect of a homeopathic drug, Chelidonium, in amelioration of p-DAB induced hepatocarcinogenesis in mice, BMC Complement Altern Med. 2002; 2: 4.)

Chionanthus virginica

- Indicated in jaundice with acute congestion of the liver.
- Useful in cramp-like pains in the abdomen.
- Constipation with clay colour stool, dark urine, coated tongue and loss of appetite.
- Taken for several weeks, drop doses, will often break up the sick headache habit.
- Jaundice with arrest of menses.
- Evidence indicates that it may substantially reduce sugar levels in the urine.

Condurango

- **Main indications:** Stimulates digestive functions, anorexia nervosa, nervous indigestion, varicose ulcer, chronic gastric catarrh.
- Reported to allay the pain in gastralgia accompanying cancer of stomach.
- Painful cracks in corner of the mouth is the guiding symptom.

Convallaria majalis

- It increases the heart's action and renders it more regular.
- Used when ventricles are over distended or dilated and venous stasis is marked.
- Indicated for dyspnoea, dropsy, tobacco heart, orthopnoea, angina pectoris, palpitation and tachyarrhythmia.

Crataegus oxyacantha

- **Main indications:** Acts on heart muscle, irregularity of heart, high arterial tension, senile heart.
- Experiments have shown that the drug also has a wonderfully solvent power on crustaceous and calcareous deposits in the lumen of the arteries.
- There are number of case reports suggest its successful use in the enlargement of heart, causing palpitaion, tachycardia, breathlessness, etc.
- A paper presented the successful treatment with this drug *in* one hundred and eighteen patients who were suffering with various forms of heart disease. (Dr. Jennings, Chicago, New York Medical Journal, October, 1896)

Cypripedium pubescens

- Indicated in mild cases of insomnia, with restlessness and twitching of the limbs.
- Patient desires to talk and pleasant ideas are constantly crowding the mind.
- Useful in nervous debilit and spermatorrhoea.

Damiana

- Main indications: Impotency, sexual debility and sexual neurasthenia.
- Also useful in the frigidity of females.
- The herb Damiana, has long been a domestic medicine in Mexico, where it is used to "invigorate the system"
- In a recent study, Damiana has improved the copulatory performance of sexually sluggish/impotent rats. It has also increased the percentage of rats achieving ejaculation and significantly reduced mount, intromission and ejaculation latencies, post-ejaculatory interval and intercopulatory interval. (R. Arletti, Stimulating property of *Turnera diffusa* and *Pfaffia paniculata* extracts on the sexual behavior of male rats, *Psychopharmacology*, Volume 143, Number 1 / March, 1999)

Echinacea angustifolia

- Useful to increase the resistance functions versus invasion of pathogens.
- It is called as the blood purifier and antibacterial drug of homoeopathy with advantage of acting via increase of biological immunity.

Echinacea purpurea

- Blood poisoning and a general septic condition
- Used for 'strengthening' the immune system by stimulating it to raise the body's resistance to bacterial and viral infections
- Animal study shows it stimulates cellular immunity and anti-bacterial defence

Eschscholtzia californica

- It helps to induce a peaceful sleep.
- Experiments showed it to act like morphine without any harmful effect.
- Insomnia due to anxiety and worry.
- Suitable for nervous and restless people.
- It is used to relieve pain, specially toothache and acts as tranquilliser.
- It is also used clinically in cases of paralysis.

Fraxinus americana

- **Main indications:** Enlargement, prolapse and subinvolution of uterus and uterine tumors.
- It is an uterine tonic, for nervous females.
- Many women are sent away for operation the tumor has been absorbed under the influence of this remedy.
(ELI G. JONES, BURLINGTON, N. J, The Medicinal Plants Of North America)

Ginkgo biloba

- Main indications: Improves cerebral circulation, weak memory and concentration, dementia.
- Very effective in the treatment of arterial insufficiency in limbs and brain.
- Indicated as an analeptic (stimulating effect on central nervous system).
- Improves memory and concentration.
- Prevents life threatening clots by inhibiting platelet-activating factor.
- Useful in Alzheimer's disease and senility.

Ginseng

- Mental and nervous exhaustion from overwork
- Research confirms its adaptogenic activity – helping the body adapt to stress, fatigue & cold
- Increases resistance to infections by enhancing immune function

Hemidesmus indica

- *Chronic skin diseases*, with blackish discolouration of the skin after scratching.
- Chronic *leucorrhoea* associated with itching.
- *Flatulence*; rumbling at the bowels.

Hydrangea arborescens

- Main indications: Renal stone, lumbar pain, frequent urination and enlarged prostate.
- In renal stone, there is deposit of white amorphous salts in urine.
- Also useful in pain in lumbar region.

Hydrastis canadensis

- Main indications: Acts on mucous membrane where there is thick, yellowish and ropy secretions anywhere in the throat, stomach, uterus and urethra.
- Useful in weak digestion, cancer.
- This drug is specially active in old, easily tired people.
- Researches indicate that it stimulates autonomic nervous system and constricts blood vessels.

Hydrocotyle asiatica

- **Main indications:** Jaundice, leprosy, gonorrhoea, dropsy, leucorrhoea, nervous debility, seminal weakness.
- Excellent remedy in jaundice.
- Research has shown as intelligence enhancer, and possesses anti-convulsive and anti-leprosy property

Iris versicolor

- *Periodical headaches*, especially of teachers and those of studious habits.
- Disturbances of the functions of the pancreas, lymphatic glands and skin.
- Increased flow of bile.
- Fat intolerance.
- Pain in the upper part of pancreas near sternum.
- Profuse flow of saliva.

Lobelia inflata

- It is a vaso-motor stimulant and helps to increase blood pressure.
- Indicated for conditions with constriction of the chest and epigastrium, leading to dyspnoea, vertigo, nausea and vomiting, and arrhythmia.

Mitchella repens

- Urinary difficulties.
- Dull aching pain in the back referred to the renal region.
- Swollen uterine cervix.
- False labor pains of the last months of pregnancy.
- Useful for safe and easy delivery.

Muira puama

- **Main indications:** Impotency, sexual weakness.
- A study conducted in Paris, France on 260 male patients experiencing lack of sexual desire and the inability to attain or maintain the erection, 62% of the patients with loss of libido reported that Muira puama "had a dynamic effect" and 51% of the patients with erectile dysfunction felt that Muira puama "was beneficial".

Myrrha

- Spongy and bleeding gums.
- Difficult expectoration.
- Dragging and weight sensation in the female pelvis.
- Suppressed menses in anaemic young girls.

Passiflora incarnata

- Main indications: Insomnia, whooping cough, convulsions in children, dysmenorrhoea, other painful conditions.
- Most reliable remedy in insomnia, especially due to pain and inflammatory conditions in acute diseases.
- Also useful in unbearable labour pain, painful menstruation, prolonged labour, etc, for instant relief.

Prunus spinosa

- Indicated for hypertension with tachycardia, which is exacerbated with the slightest motion, dyspnoea, feeling of oppression of the chest and angina pectoris.
- It has also been used to treat problems of urination and shooting headache.

Rauwolfia serpentina

- Main indications: Hypertension, sexual weakness.
- Many researches found that the active constituents of Rauwolfia serpentina works by controlling nerve impulses along certain pathways that affect heart and blood vessels, lowering blood pressure.
- Also useful in violent form of insanity and madness.

Rheum palmatum

- Straining and tenesmus before passing stool.
- Child is peevish, impatient, and night screaming.
- Sour smell of whole body.

Rosa damascena

- Indicated for early stages of hay fever.
- Hay fever and allergic manifestations are usually with swollen and closed Eustachian tubes.
- This remedy is also indicated for catarrh of Eustachian tubes, with hardness of hearing and tinnitus.

Sabal serrulata

- **Main indications:** Prostatic enlargement, sexual debility, urinary stone, difficult urination and useful for breast enlargement.
- Evidences suggest it promotes nutrition and tissue building.
- Research reports indicate its stimulatory effect of breast enlargement and oestrogenic action.
- Also indicate that it strengthens the neck of the bladder and reduces the size of the prostate.

Saponaria officinalis

- Congestion in the head with tired feeling in the nape.
- Supra-orbital stitching pain.

Spartium scoparium

- Used as palliative to combat arterial hypertension in large doses of mother tincture.

Spilanthes oleracea

- This remedy is considered as a remedy for children who stammer, probably from paralysis of tongue.
- It has coverage in toothache and periostitis.
- Reports encourage its use of tincture 10-30 drops in affections of throat, gum and cough.

Syzygium jambolanum

- Main indications: Frequent micturation, intense thirst, reduces urine sugar, cures diabetic ulcer and carbuncles
- It promptly diminishes the quantity of sugar in urine and the frequency of micturation.
- It also cures the ulcers and carbuncles dependent on diabetes with high specific gravity in urine.

Terebinthinae oleum

- *Congestion* in general; of organs, ascites and anasarca.
- *Urinary complaints* are with strangury, tenesmus, albuminuria and haematuria, which is scanty and high coloured.
- Abdomen; extremely sensitive to even least touch.

Tropaeolum majus

- Used for urinary difficulties.
- Fetid urine is the key symptom.
- According to J. H. Clarke a patient to whom Cooper gave this drug and noted that it made the urine extremely fetid in smell. On this keynote Cooper has relieved several cases of urinary difficulty, giving single doses of this tincture.

Urtica urens

- Useful in gout
- Literatures support its effective use in uric acid diathesis
- Found also to be useful in agalactia, enuresis, urticaria, etc.

Valeriana officinalis

- It is indicated for over-sensitiveness, nervous affections, spasms and convulsive movements of the diaphragm.
- Research shows that it improves the quality of life.

Viscum album

- It reduces the blood pressure.
- It has a calming effect on palpitation and accelerated pulse.
- It also relieves weight and oppression of heart and dyspnoea.
- Found to be useful in cardiac hypertrophy with valvular insufficiency.

Withania somnifera (ashwagandha)

- It is a great mental tonic.
- Maintains the state of well being.
- It is highly efficacious in total or partial destruction of intellect.
- Researches indicate it possesses anti-carcinogenic effects in animal and cell cultures by decreasing the expression of nuclear factor-kappaB, suppressing intercellular tumor necrosis factor, and potentiating apoptotic signalling in cancerous cell lines

Thank you...