

THE SANDS OF LIFE SILICA THROUGH THE AGES

HOMOEOPATHIC HERITAGE
PRESENTED BY DR.FEMINA

- Silica forms the most extensive element of lithosphere, next to oxygen & is the chief constituent of earth's crust
- Our ppn of silica is from sand or quarts
- Silica is needed for the growth & firmness of plants & animals
- Silica pt is classed as " SPINELESS HUMAN" due to want of moral & physical firmness

- In potency sil can give firmness & stamina to human mind
- Main sphere of action – lymphatic & glandular system
- Sil has marked influence & well established clinical use in inflammations & suppurations

LYMPHATIC & GLANDULAR SYSTEM

- Silica in anything more than infinitesimal doses is a tissue poison
- When the balance b/n man & silica is broken down, equilibrium b/n man & tubercle bacillus is also disturbed, to the advantage of the germ
- Main line of defence of lungs is along the lymphatic system & when it is overtaxed it results in c/c lymphatic congestion, fibrosis & break down of the lymphatic system

- This could explain the utility of silica in c/c bronchitis, bronchiectasis, lung abscess, c/c colds settling in the chest & threatening phthisis & also its usefulness in eradicating tubercular tendency
- The lymphoid ring in the nasopharynx is an important defence against bacteria. When this line of defence is disturbed,

- 1. frequent colds – loss of smell & obstructed nostrils
- 2. Eustachian catarrh- otalgia, otorrhoea, middle ear & mastoid infection, impaired hearing
- 3. Throat – tonsillitis & quinsy
- Neck- Adenitis

- In abdomen lymphatic tissue in peyer's patches ,in the appendix,& in the follicles of large bowel are concerned with defence against bacteria
- When it is disturbed
- 1.catarrhal gastritis2.ileitis3. colitis

- Failure of metabolism predominantly in the assimilative phase –malabsorption-general malnutrition, marasmus& debility&reduced uptake of vitA& D&Ca-lowered resistance,rickets&tetany respectively
- In silica slow digestion & < after a good meal

- Even though with poor appt & digestion, delay in eating leading to headache ,which begins in the occiput and spreads over the head & settles over the eyes
- With such a state of mal absorption and malnutrition ,silica type has lack of vital heat .so chilly pt, but silica desires cold food ,aversin to warm food & meat

- Constipation of silica is due to a combination of rectal atony & anal spasm
- Bashful or shy stool –odourless(sanicula-offensive, thuja)
- Silicea is wasted every where except head & abdomen

INFLAMMATIONS&SUPPURATIONS

- From the series of experiments on the action of silicic acid on the body
 - increase WBC
 - " opsonic index
 - phagocytic activity
- That makes sili useful in inflammations &suppurns a/c or c/c
- < night &cold

- Sil is particularly indicated when there's less tendency to scar formation
- By stimulating the body defence as well as scar formation it becomes the chief remedy in fistulae & sinuses
- By suppurn it promotes the expulsion of foreign bodies & sequestra

- Nails- dirty, crippled & brittle in fever bluenails ingrowing toe nails
- Dry skin, sweaty head (sensitive to exposure) & feet- offensive
- Cataract, opacities of cornea

MIND

- LACK OF GRIT mental or physical
- Extreme inertia & sluggishness, shy, timid, fear, anxiety
- Apprehensive with dread of failure (due to physical weakness, lyc- mental incapacity)
- Useful for persons worn out by prolonged efforts at mental work
- Intelligent & mentally competent but only when aroused

- Hypersensitive, irritable & nervous. Though normally mild when annoyed irritable & violent
- Obstinacy & fixed ideas-pin mania
- Sensation as if a hair on the fore part of tongue
- Silicea & ethereal forces-<electrical changes during a thunderstorm, new moon

RELATION SHIP

- PULS a/c of sil, grows best in the sandy (silicious soil) . calc, .c-fat sil, puls- warm sil, lyc- sil pt who could not perspire
- Covers all 3 miasms
- Carbonitrogenoid constitution